



# GYMNASTICS UNLIMITED

|  |                         |
|--|-------------------------|
| Session 1 - Level 3 - 5 y/o, 6 y/o and 8 y/o         | 90                      |
| Saturday, March 5, 2011                              |                         |
| 7:50am - 8:00am                                      | Coaches' Meeting        |
| 8:00am - 8:30am                                      | Open Stretch & Bar Sets |
| 8:30am - 8:45am                                      | Line up & March-in      |
| 8:45am - 11:00am                                     | Competition             |
| 11:00am  | Awards in Auxiliary Gym |
| Session 2 - Level 3 - 7 y/o (A & B), 9 y/o and older | 91                      |
| Saturday, March 5, 2011                              |                         |
| 11:10am - 11:15am                                    | Coaches' Meeting        |
| 11:15am - 11:45am                                    | Open Stretch & Bar Sets |
| 11:45am - 12:00pm                                    | Line up & March-in      |
| 12:00pm - 2:15pm                                     | Competition             |
| 2:15pm   | Awards in Auxiliary Gym |
| Session 3 - Level 4 - 6 & 7 y/o (Younger) and 7 y/o  | 57                      |
| Saturday, March 5, 2011                              |                         |
| 2:35pm - 2:45pm                                      | Coaches' Meeting        |
| 2:45pm - 3:15pm                                      | Open Stretch & Bar Sets |
| 3:15pm - 3:30pm                                      | Line up & March-in      |
| 3:30pm - 5:15pm                                      | Competition             |
| 5:15pm   | Awards in Auxiliary Gym |
| Session 4 - Level 4 - 10 y/o and 11 & up             | 74                      |
| Saturday, March 5, 2011                              |                         |
| 5:25pm - 5:30pm                                      | Coaches' Meeting        |
| 5:30pm - 6:15pm                                      | Open Stretch & Bar Sets |
| 6:15pm - 6:30pm                                      | Line up & March-in      |
| 6:30pm - 8:40pm                                      | Competition             |
| 8:40pm   | Awards in Auxiliary Gym |
| Session 5 - 8 y/o                                    | 83                      |
| Sunday, March 6, 2011                                |                         |
| 8:50am - 9:00am                                      | Coaches' Meeting        |
| 9:00am - 9:30am                                      | Open Stretch & Bar Sets |
| 9:30am - 9:45am                                      | Line up & March-in      |
| 9:45am - 12:00pm                                     | Competition             |
| 12:00pm  | Awards in Auxiliary Gym |
| Session 6 - 9 y/o                                    | 81                      |
| Sunday, March 6, 2011                                |                         |
| 12:25pm - 12:30pm                                    | Coaches' Meeting        |
| 12:30pm - 1:00pm                                     | Open Stretch & Bar Sets |
| 1:00pm - 1:15pm                                      | Line up & March-in      |
| 1:15pm - 3:30pm                                      | Competition             |
| 3:30pm   | Awards in Auxiliary Gym |